



Funding and Track



Running Track Timetable

Before school 8.40-8.55	Morning break 10.25-10.45	Lunch 12.00-12.20	Afternoon break 14.15-14.30
Monday: KS2 Running Club	Y1/6	Year 3/4	Y2/5
Tuesday: KS1	Y1/6	Year 3/4	Y2/5
Wednesday: KS2 Running Club	Y1/6	Year 3/4	Y2/5
Thursday: KS1	Y1/6	Year 3/4	Y2/5
Friday: KS2 Running Club	Y1/6	Year 3/4 And KS2 Running Club	Y2/5

Chandlers Ridge Academy



Benefits at Chandlers Ridge

Reinforces positive attitudes towards physical exercise throughout school.

Pupil voice surveys suggest most children enjoy daily time on the running track.

All weather running track used all year round.

Children run before school through choice - most of KS2 will choose to run before school.

Helps us meet government target of 2 hours timetable PE per week and achieve Gold Level School Games Mark.

Counts towards 30 active minutes per day government initiative.

Improved results in cross country running for children in KS2.

KS2 children role model positive behaviours for younger children.





Challenges

Children much more motivated when an adult runs too.

Running club/sports clubs more effective for engaging non-participants in sport long-term.

Regular assemblies required to remind children of the benefits of daily exercise and to chase their personal best.

Developing ways for children to track their personal best and incentives for doing so.

Small number of parents unhappy initially when first introduced.



Chandlers Ridge Academy



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